



SOYOWON  
水月湾

养生雅境，至善服务，焕活身心。

Health and elegance, ultimate service, revitalizing the body and mind.



## Finger pressure massage series

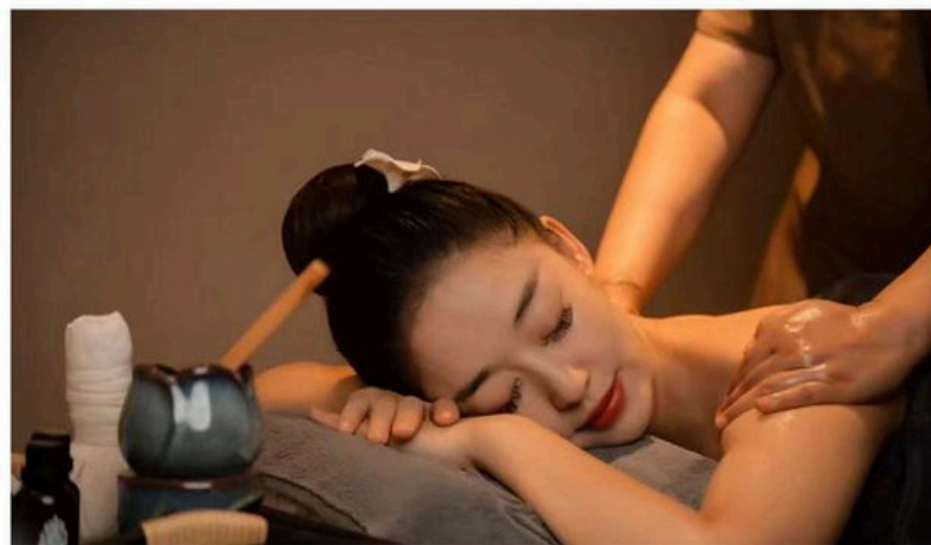
### 指压按摩系列

Item	Time	Non-Warren Member	Warren Member
Chinese foot way.Pinch foot 中式足道	45min	\$59	\$49
Old ginger & wormwood foot bath& health hammer			
Water Moon Foot massage 水月足道	70min	\$89	\$79
Old ginger & wormwood foot bath & hot compress therapy			

## Finger pressure massage series

### 指压按摩系列

Item	Time	Non-Warren Member	Warren Member
Chinese massage 中式按摩	45min	\$69	\$59
Acupressure back & thermal therapy			
Thai style therapy 泰式理疗	70min	\$99	\$89
Promote blood circulation and adjust the flexibility of tendons and joints			



shave  
修面

Item	Time	Non-Warren Member	Warren Member
style face repair and descaling 中式修面除垢	45min	\$99	\$89

Deep cleansing, exfoliates and exfoliates dead skin cells, improves blood circulation to the skin



Health Care  
养生护理

Item	Time	Non-Warren Member	Warren Member
cupping 拔罐	20min	\$39	/
guasha 刮痧	20min	\$39	/
pedicure 修脚	20min	\$39	/







## Ear care 采耳护理

Item	Time	Non-Warren Member	Warren Member
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Pick ears 采耳	30min	\$59	\$49
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Clean your ears and prevent ear diseases

The ancient method of ear picking 古法采耳	60min	\$89	\$79
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Cleans the ears, prevents ear diseases and promotes blood circulation in the ears



## Facial care 面部护理

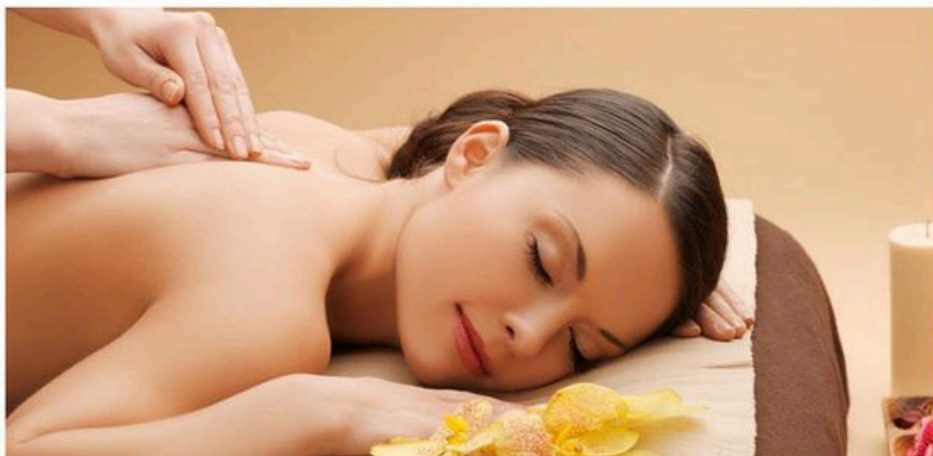
Item	Time	Non-Warren Member	Warren Member
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Small Bubbles Deep Cleaning 小气泡深层清洁	45min	\$99	\$89
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Removes facial blackheads, improves dullness, rejuvenates and hydrates skin

Facial firming care 面部紧致护理	70min	\$129	\$119
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Removes facial blackheads, improves dull skin, rejuvenates and hydrates skin, firms skin, improves sagging skin, reduces wrinkles



## Aromatherapy series 芳香疗法系列

Item	Time	Non-Warren Member	Warren Member
BackcareSAP 背部护理SAP	60min	\$99	\$89

Rose & Lavender & Original Essential Oil 3 Choose 1

SoothethewholebodySAP 舒缓全身SPA	90min	\$139	\$129
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Rose & Lavender & Orange & Traditional Chinese Medicine Heat Therapy

SleeptherapySPA 安眠疗愈	120min	\$169	\$159
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A variety of essential oils for shoulders, neck, back and legs

Quick check guide for the emotional healing effects of 45 commonly used single essential oils:

Aromatic plant essential oils can help people relieve stress and anxiety. Because small molecule essential oils can quickly enter the brain, affect the limbic system, and regulate emotions, helping to reduce stress and anxiety.

The natural aroma of plant essential oils can evoke people's memories of beautiful things, increase their sense of pleasure, and thus improve their overall emotional state. For example, essential oils such as rose, jasmine, lemon, orange, and sage can make people feel happy. Lavender, chamomile, orange blossom and other essential oils have sedative, calming and sleep aid effects.

Choosing appropriate essential oils can be done through methods such as aromatherapy and massage, which can help people relax, get rid of anxiety and stress, and promote emotional stability and balance, thus entering a more peaceful and relaxed state.

Long term use of aromatic essential oil for emotional regulation can also enhance personal emotional resilience, making people more calm and independent in the face of pressure and challenges.

45种常用单一精油的情绪疗愈效果快速检查指南：

芳香植物精油可以帮助人们缓解压力和焦虑。因为小分子精油能迅速进入大脑，影响边缘系统，进而调节人的情绪，有助于减轻压力和焦虑。

植物精油的天然芳香，能唤起人们对美好事物的记忆，增加愉悦感，从而改善整体的情绪状态。例如，玫瑰、茉莉、柠檬、橙子、快乐鼠尾草等精油可以让心情愉悦。薰衣草、洋甘菊、橙花等精油具有镇静、镇静和帮助睡眠的作用。

选择合适的精油，可以通过熏香、按摩等方式使用，可以帮助人们放松，摆脱焦虑和压力，并促进情绪的稳定和平衡，从而进入更平和和放松的状态。

长期使用芳香精油进行情绪调节，还可以增强个人的情绪韧性，使人在面对压力和挑战时更加冷静和自立。





## Copper pot thermal therapy series 铜壶热疗系列

Item	Time	Non-Warren Member	Warren Member
Copper pot heat therapy series (1) 铜壶热疗系列 (1)	60min	\$119	\$109

Essential oil & copper pot heat therapy

Copper pot heat therapy series (2) 铜壶热疗系列 (2)	90min	\$159	\$149
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Essential oil & copper pot heat therapy & gastrointestinal conditioning

Copper pot heat therapy series (3) 铜壶热疗系列 (3)	120min	\$199	\$189
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Essential oil & copper pot heat therapy & gastrointestinal conditioning & whole body lymphatic detoxification

### Asiatic Therapeutic Hot Reflexology Massage:

One of the unique foot treatments by using hot water from a hot gold pot to stimulate specific pressure points on your feet and hands. The hot gold pot will be filled with hot water under optimal temperature and used on your feet and hands with the traditional Thai Reflexology Massage techniques. This treatment will definitely provide one-of-a-kind massage that you have never experienced before.

### 亚洲治疗性热反射疗法按摩:

是一种独特的足部疗法，使用来自热金锅的热水来刺激背部和手部的特定压力点。热金锅将装满最佳温度的热水，并使用传统的泰国反射按摩技术进行足部和手部按摩。这种疗法肯定会提供一种你从未体验过的独特按摩。

### Benefits:

- ① Boost body immune system
- ② Improve digestion
- ③ Relieve leg and back pain
- ④ Clear up sinus issues
- ⑤ Promote better sleep
- ⑥ Dislodge stubborn and long-term muscle stiffness.

### 项目好处:

1. 增强机体免疫系统
2. 改善消化
3. 缓解腿部和背部疼痛
4. 清除鼻窦问题
5. 促进更好的睡眠
6. 消除顽固和长期的肌肉僵硬。





## Featured Head Therapy Series 特色头疗系列

Item	Time	Non-Warren Member	Warren Member
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Yogaheadtherapy 瑜伽头疗	60min	\$119	\$109
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Yoga massage & ginger therapy & head tendon & scalp cleaning & hair care & hair blowing

treatment 古法头疗	90min	\$159	\$149
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Back SAP & Ginger Therapy & Scalp Cleaning & Hair Blowing

Supremesoftheadtherapy 至尊柔式头疗	120min	\$199	\$189
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Soft massage & ginger therapy & head tendon & hair care & head fumigation & hot compress eyes & blow-drying

### Project benefits:

Soothe meridians and channels, promote blood circulation and nourish the heart. Suitable for sub healthy individuals such as insomnia, frequent dreaming, forgetfulness, dizziness, headache, dizziness, mental fatigue, and neurasthenia. Caused by excessive stress, overuse of the brain, or insufficient blood supply to the brain. It can also improve blood circulation in the head and effectively prevent stroke.

### 项目效益:

舒缓经络和通道，活血养心。适用于失眠、多梦、健忘、头晕、头痛、头晕胀、精神疲劳、神经衰弱等亚健康人群。由过度压力、过度用脑或脑供血不足引起。还可以改善头部的血液循环，有效预防中风。

### Top ten Benefits of Head Treatment:

- I . Clearing hair follicles and removing sebum;
- II . Remove chemical residues and nourish hair follicles;
- III. Remove scalp peeling and clean the scalp;
- IV. Activate hair follicle cells, increase the metabolism of hair follicles, and restore the youthful vitality of cells;
- V . Sterilize and reduce inflammation, remove oil and itching;
- VI. Improve hair quality and prevent hair loss caused by scalp aging;
- VII. Long term use can turn white hair black and reduce the occurrence of white hair;
- VIII. Relieve brain fatigue and quickly release head pressure;
- IX. Effectively improve sleep and enjoy high-quality sleep;

### 头部治疗的十大好处:

- 一、疏通毛囊，去除皮脂；
- 二.去除化学残留物，滋养毛囊；
- 三.去除头皮剥落，清洁头皮；
- 四.活化毛囊细胞，增加毛囊的新陈代谢，恢复细胞的青春活力；
- 五、杀菌减轻炎症，去油除痒；
- 六.改善头发质量，防止因头皮老化而引起的脱发；
- 七.长期使用可使白发变黑，减少白发的发生；
- 八.缓解大脑疲劳，快速释放头部压力；
- 九.有效改善睡眠，享受优质睡眠；
- 十.驱散疲劳，提神醒脑，再造健康和新的活力。