

SASCO Senior Citizens' Home (30 Hong San Terrace, S688246)

1. Outings with Seniors

Number of participants	16 seniors
Frequency	Monthly or quarterly
Programme details	<ul style="list-style-type: none">-Bringing our seniors on outings to different places in Singapore-Volunteers are free to explore the types of activities and places they would like to bring the seniors to E.g: Prawning, local attractions or museums, boat rides etc-Outings to include transport and meals for the seniors-A minimum of 1:1 volunteer to senior ratio-There will be at least 4 staff accompanying the seniors and volunteers during the outing

2. In-House Activities/Thematic Carnival (conducted at the Multi-purpose House @ SASCO)

Number of participants	20 – 80 seniors (depending on type of programme)
Venue	Conducted at the MPH
Programme outline	<ul style="list-style-type: none">-Organising visits to the Home and engaging in different activities with the seniors, E.g: Cooking, baking, carnival games, modified sports, knitting, stitching etc

3. Sponsorship of Donation-in-Kind Items

Food Items	<p>Food items for meals which are prepared in-house daily by our kitchen:</p> <ul style="list-style-type: none">-White Rice-Brown Rice-Bee Hoon-Cooking Oil-Sesame Oil-Milo Powder (Tin / Refill Pack)-Coffee Powder (Kopi-O and 3-in-1)-Lipton Tea-Mixed Fruit Jam-Peanut Butter-Planta Margarine-Carnation Milk-Vegetarian Stock-Oyster Sauce-Fine Salt-Brown Sugar
Nursing Items	<p>Items which are used on a daily basis by and for our residents:</p> <ul style="list-style-type: none">-Diapers (Tena Pants M and L sizes)-BD Micro Fine Pen Needles 31g x 8mm-B.Braun Omnican 0.5ml Insulin Syringes-Assure Latex Exam Gloves Powder Free Blue (Size M)

- Alcohol Wipes
- Ensure Milk
- Medi-Gel All Purpose Hot Cold Pack
- Moisturizer Creams
- 2-in-1 Body Shampoo
- Men's Tshirts/Shirts
- Men's Long Pants
- Laundry Bags
- Wheelchairs (Light-Weight Wheelchairs / Heavy-Weight Wheelchairs / Tilt in Space Wheelchair)

4. Fundraising for Seniors

SASCO Senior Citizens' Home is a registered charity with National Council of Social Service (NCSS). All donations made to the Home are tax-deductible. Donations made to the Home will be used for the programmes and services benefiting the seniors.

Note

For all Donation-in-Kind or Volunteering enquiries, please contact SASCO Community Engagement Department at: volunteer@sasco.org.sg or Chanel 6273 5183 (ext 124) during office hours from Mon – Fri: 8.30am – 5.30pm.